



## BEACH VOLLEYBALL –

We are looking for volunteers interested in organizing Beach Volleyball for the 2011 season. Please contact Donna at 388-4600 ext 110 or by email at Donna@whereyoubelong.ca

## Manitoba Flag Rugby

MFR is a co-ed, non-tackling game for children ages 7-15. MFR is a fun and active start to being part of a team through the joy of rugby. Rugby starts Saturday April 23rd. There are currently two age categories.



Late Registration :

Wednesday April 13th 6:00-9:00 p.m. at the Curling Club  
OR Call Chris Chapman 388-9739 For info or to register.

**REGISTRATIONS FOR BASEBALL** will be accepted until April 15th.

For more information please contact: Alanna Dunn at 388-4054 or offalygoodmom@yahoo.ca. Registration forms can also be downloaded from the Niverville Recreation website: [www.NivervilleActiveLiving.com](http://www.NivervilleActiveLiving.com)



# NOTICES



## TO MARK ON YOUR CALENDARS!

The 3rd Annual  
**Recreation and Wellness Showcase**  
will be held on  
Wednesday September 7th  
at the Heritage Centre

this year and will include demonstrations, a guest speaker, prizes, fall sport registration and more! If your organization or business is involved in Recreation and Wellness in any way, you won't want to miss this event. Limited spaces are available so register early by contacting the Recreation and Wellness Director at Donna@whereyoubelong.ca or call Donna at 388-4600 ext 110.

## ABOUT COMMUNITY RECREATION PLANNING...

Through Community Recreation Planning, groups and interested residents will work together to develop a shared future vision for the future of recreation in our community. We will also examine and determine values; issues; priorities; and goals for recreation in our community. By developing a shared future vision and a recreation plan for our community, we will be able to achieve more. Input from all community members and groups that are interested in sport, recreation, leisure, and culture is critical in developing a comprehensive plan.

Thank you to everyone who came out to the March 9th Community Recreation Plan meeting! It was great to see so many people there and the feedback and suggestions were fantastic. I am currently putting the information together and should have it available on the website soon.

## February Family Fitness Month

*I hope that everyone who participated in the activities during February Fitness month had as much fun participating as I had planning them out! There was a great turnout for everything during the month and I'd like to thank everyone who came out and tried things like snowshoeing, cross country skiing, speedskating, ringette, curling and more! I am planning a summer version of this, so if you have any suggestions or if there's anything you would like to see featured, please let me know. Also, congratulations to the winners of our snowman building contest! We had some wonderful, creative entries and the best part is, it looks like everyone had a lot of fun building their snowmen. Donna Watts, Director of Recreation and Wellness. Donna@whereyoubelong.ca*

## THE NIVERVILLE RECREATION AND WELLNESS COMMISSION

Is looking for people to join our Board of Directors. If this is something that would interest you, please fill out the "expression of interest to serve" form located on the Town website [www.NivervilleActiveLiving.com](http://www.NivervilleActiveLiving.com) here is also a link to it on [www.NivervilleActiveLiving.com](http://www.NivervilleActiveLiving.com) Check out [www.NivervilleActiveLiving.com](http://www.NivervilleActiveLiving.com) for information about 2 exciting events for kids – the Claymation workshop (registration required by March 31) and the British Soccer Camp in the summer.

## THE NEXT....

### Cooking Around the World Class



will be held on Thursday April 21st from 6:30 -8pm. The cost is \$15/person and this month we are going to be cooking up Asian Fusion. As many people have found out the hard way – these wildly popular cooking classes fill up **VERY QUICKLY** so contact Donna at 388-4600 ext 110 to register as soon as possible. Pre-payment is required.

## HURRY, HURRY!

March 31st from 6:30 - 8pm Growing, cooking and preserving culinary herbs. Join Susan Watson and special guest speaker Karen Munn for this educational session on growing, cooking and preserving culinary herbs. Karen Munn has given several talks and done demos on Global for the Breakfast Show on behalf of the HSM, as well as to Garden and Church groups throughout Manitoba. She is currently doing talks twice a month for the Staff Wellness Program at the HSC and has been doing this for them for 3 years. All pre-paid participants will get a free herb seedling as well as a chance to win Karen's new book "Forget Salt...cook with herbs". Karen is also bringing out some herb vinegars and herbal butter to sample. So please sign up with Donna Watts (388-4600). \*Pre-payment is required to ensure that you get an herb plant, as they are limited. Cost for the class is \$10.

## A lunch time YOGA class

will be starting soon!

This class will run on Wednesdays from 12:10-12:50 and will cost \$60 for 6 classes. If you're interested in taking it, please contact

Donna @ 388-4600 ext 110 or Donna@whereyoubelong.ca to put your name on the list so that we know how much interest there is in running it.

## COMMUNITY RECREATION PLAN



The Niverville Recreation and Wellness Commission is spearheading the development of a Community Recreation Plan for Niverville. The planning process will begin with collecting information from community residents and recreation groups. From the input received we will start to identify community issues, needs and interests.

## PHONE NUMBERS

• Civic Office 388-4600 • RCMP 388-6091 • Clinic 388-6626 • Public Works & Facilities 388-4600 ext 111  
• Recreation Dept 388-4600 ext 110 • Animal Control 371-5859 • Water Readings 388-4600 ext 104